

Peckys Newsletter

A message from our Operations Manager:

Welcome to the Spring edition of the Peckys newsletter. I hope everyone is enjoying the longer evenings and the warmer weather.

Let me take this opportunity to introduce myself, my name is Mary Martin, and I'm excited to step into the role of Acting Operations Manager at Peckys. I've been part of Peckys for over two years working as coordinator of the Prospect Day program. I'm now overseeing the Sargent's Centre, Prospect Day Programs, and the Kings Langley/ Eggleton accommodation services. It's a big step, and while I'm still finding my feet, I'm excited by the opportunity to support our teams and participants.

In October, all families and carers will receive the Annual Family Survey.

This is a valuable opportunity for you to share your feedback, ideas, and experiences with us. Your input helps us understand what's working well and where we can improve, ensuring that Peckys continues to provide the best possible support and services. We encourage everyone to take a few moments to complete the survey when it arrives. Your voice matters, and we truly appreciate your time and insights.

The Prospect site has recently undergone some exciting renovations! The outdoor space has been re-concreted, the staff car park upgraded, and new fencing installed along with a secure entry gate. With the upgraded outdoor area, participants are spending more time outside, enjoying the beautiful spring weather and making the most of the refreshed space.

I hope this newsletter brings you helpful updates and insights into what is happening at Peckys.

Mary Martin

What's coming up

SARGENTS CLIENT FUNCTION

Halloween Party
Thursday 30 October

10am - 2pm



WELCOME NEW STAFF MEMBERS

Mamta Kumari
Matthew Howse
Chantelle Williams

Complaints & Feedback:

We would like to address any complaints or obtain feedback from any of our services.

Please feel free to email peckys@peckys.org.au.

TNC DISCO

All Clients / Members are invited to attend the TNC Disco held on the last Tuesday of every month at Blacktown Workers in the Wattle Room between 6pm-9pm.

Come early to the Bistro and eat with your peers. Bring your carer or staff member with \$10 entry fee paid at door (carers are free). Own transport is required.

For more information, email Andreana at ayoung@peckys.org.au

Photo Gallery



What's been happening ...

Prospect:

The clients at Prospect continue to enjoy in our regular programs like tennis, arcade, coffee runs, BBQs, Mystery Monday, Grooveability, Flip Out, pub lunches, bowling, and cooking. Each group has been having a great time while participating in these fun filled activities.

The Introduction of the Winston Hills Hall has immensely benefited our community access groups, especially during the cold winter months.

The groups were still able to go out, and with guaranteed shelter, they could enjoy picnic lunches, participate in board games/puzzles, and have time to relax.

Our site was well represented at the Christmas in July event hosted by the Huntingwood Site. We had quite a sizeable number of clients attend and their customised Christmas added colour and festivity to the event.

Our attention has now shifted to the upcoming Halloween party to be hosted by the Sargents site. We will be focusing on Halloween crafts between now and the time of the event. This will keep our in-house group busy during their Art & Craft sessions.

Sargents:

Our clients have been on the move exploring new places, sharing stories, and creating lasting memories through the joy of train travel. One recent highlight was our outing to the screening of Freakier Friday. With plenty of laughter and a surprising plot twist, it made for a great movie experience that everyone enjoyed.

We also paid a visit to Casula Powerhouse, where the stunning artwork sparked conversations and creative inspiration.

Back in the fresh air, our BBQ luncheons in the park have become a beloved tradition. There's nothing quite like good food and great company to reset the rhythm. Whether it's laughter under the trees, feeding the wildlife or moments of quiet reflection, these gatherings are a gentle reminder of life's simple pleasures.

And now the countdown is on - October is creeping closer, and so is our highly anticipated Halloween party! Get ready for mystery, excitement, costumes, and plenty of treats. It's going to be a spooktacular celebration full of fun and surprises!

Huntingwood:

Huntingwood hosted the "Christmas In July" at Bungarribee Community Hub. It was a huge success with everyone enjoying the food, music and dancing.

Our garden is flourishing with new growth of snow peas, broccoli, beetroot and garlic. They will be ready to harvest in time for our upcoming cooking program.

The beauty parlour is very popular with clients enjoying being pampered and getting their "Glam on". We have some lovely compliments at pick up time.

We have commenced a tennis group and our new train travel programme activity. Music with Mitch is always popular and we have added a Country and Western theme day planned for 21st September. Clients are still enjoying their pub lunch and trips to the Zoo, and we are looking forward to the warmer weather ahead and getting outside for more fun activities.

SIL Group Homes:

Over the past few months, the ladies of Edengrove have embraced a meaningful routine that blends wellness, connection, and personal development. Each day, they've taken time to use the exercise bike while enjoying music or television—creating a balanced rhythm of movement and relaxation.

Beyond physical wellbeing, the group has actively worked toward their individual goals, engaging in shared activities that foster independence and confidence. From baking and cooking to maintaining their home environment, these experiences have empowered each resident to take pride in their contributions and strengthen life skills in a supportive setting.

Life at Peckys Claremont Meadows group home is full of positive vibes, thanks to the unique and wonderful personalities of its four residents. One of our clients brings rhythm and joy into the house with his love for music, while another is always on the move - enjoying walking outdoors and soaking up nature, our female client continues to be the heart of the home, helping with cooking, washing up and always ready to lend a hand and finally our other client impresses everyone with his puzzle solving skills and tech-savvy use of his iPad. Together they create a warm, supportive and lively environment where everyone contributes and thrives.

Recreation:

Get ready for an exciting weekend with the Viva Vibes program! On Friday 19th of September, we will be attending The Rocks Ghost Tour, where we will wander through historical laneways and listen to scary stories of Sydney's past. On the Saturday, we are heading to the beautiful and picturesque Bowral for a full day of interesting activities. Firstly, visiting Harper's Mansion which was built in 1834, and is a heritage treasure with 2 acres of charming gardens and the largest hedge maze in Australia. Squeezing in a bit of lunch in then an hour guided tour of Retford House. Dinner at Briars Inn followed with a wander through Tulip After Dark.

